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Sati (in Pali; Sanskrit: smṛti) is mindfulness or awareness, a spiritual or psychological faculty (indriya) that forms an essential part of Buddhist practice. It is the first factor of the Seven Factors of Enlightenment. "Correct" or "right" mindfulness (Pali: sammā-sati, Sanskrit samyak-smṛti) is the seventh element of the Noble Eightfold Path. The Buddhist term translated into English as "mindfulness" originates in the Pali term sati and in its Sanskrit counterpart smṛti. According to Robert Sharf, in contrast to organizational mindfulness, mindful organizing has been argued to be a dynamic social process depicted by ongoing actions rather than a stable characteristic. (McPhee, Myers, & Trethewey, 2006). MBSR course, with a meditation group, or as part of a personal spiritual or religious practice, may not appear to fall under the topic of this chapter. However, when viewed more broadly. Turning now to mindfulness training that is actually practiced in organizations, a natural place to start is the MBSR program (Kabat-Zinn, 1994). The goal of MBSR is to alleviate.