Clinical Holistic Medicine: Holistic Treatment of Mental Disorders

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Abstract

We believe that holistic medicine can be used for patient's with mental health disorders. With holistic psychiatry, it is possible to help the mentally ill patient to heal existentially. As in holistic medicine, the methods are love or intense care, winning the trust of the patient, getting permission to give support and holding, and daring to be fully at the patient's service. Our clinical experiences have led us to believe that mental health patient's can heal if only you can make him or her feel the existential pain at its full depth, understand what the message of the suffering is, and let go of all the negative attitudes and beliefs connected with the disease. Many mentally ill young people would benefit from a few hours of existential holistic processing in order to confront the core existential pains. To help the mentally ill patient, you must understand the level of responsibility and help process the old traumas that made the patient escape responsibility for his or her own life and destiny. To guide the work, we have developed a responsibility scale going from (1) free perception over (2) emotional pain to (3) psychic death (denial of life purpose) further down to (4) escape and (5) denial to (6) destruction of own perception and (7) hallucination further down to (8) coma, suicide, and unconsciousness. This scale seems to be a valuable tool to understand the state of consciousness and the nature of the process of healing that the patient must go through.
We believe that holistic medicine can be used for patients with mental health disorders. With holistic psychiatry, it is possible to help the mentally ill patient to heal existentially. As in holistic medicine, the methods are love or intense care, winning the trust of the patient, getting permission to give support and holding, and daring to be fully at the patient’s service. Our clinical experiences have led us to believe that mental health patients can heal if only you can make him or her feel the existential pain at its full depth, understand what the message of the suffer Holistic clinical medicine is an efficient complementary and alternative medicine (CAM) treatment for chronic illnesses and health-related problems. Every second patient with physical and mental disorders, sexual dysfunctions, and existential problems were healed. Holistic clinical medicine had no significant side effects or adverse events.

Discover the world’s research. 15+ million members. Holistic medicine modalities used in diagnosis and treatment can include both complementary and conventional therapies. Practitioners may also incorporate recommendations for lifestyle changes. Complementary therapies such as herbal medicine, homeopathy, and acupuncture may be used as secondary care treatments. Conventional medicine secondary care treatment options may include physical therapy, drugs, and surgery. Primary care treatments within the holistic medicine framework depend a great deal on the physician-patient relationship. The quality of the relationship is a major determinant in the healing outcome. Holistic practitioners take into consideration the needs, awareness, and insights of both themselves and their patients.